

MARCH 2009

"NT" = No Tide

Times GMT	Heights at CROMER				CROMER SHERINGHAM				KING'S LYNN QUAY				HUNSTANTON				BLAKENEY BAR				
	HIGH		LOW		HIGH WATER		LOW WATER		HIGH WATER		LOW WATER		HIGH WATER		LOW WATER		HIGH WATER		LOW WATER		
	AM	PM	AM	PM	AM	PM	AM	PM	AM	PM	AM	PM	AM	PM	AM	PM	AM	PM	AM	PM	
1	SUN	4.6	4.9	0.6	1.0	09:05	21:15	03:41	15:48	09:08	21:18	04:55	17:17	08:56	20:59	03:39	15:52	08:42	20:52	03:18	15:25
2	MON	4.4	4.6	0.9	1.1	09:47	22:03	04:25	16:25	09:50	22:06	05:29	17:54	09:37	21:47	04:17	16:29	09:24	21:40	04:02	16:02
3	TUES	4.2	4.2	1.2	1.4	10:38	22:58	05:17	17:06	10:41	23:01	06:08	18:35	10:26	22:42	05:03	17:10	10:15	22:35	04:54	16:43
4	WED	4.1		1.6	1.6	11:42	NT	06:19	18:14	11:45	NT	06:55	19:43	11:29	23:49	05:59	18:18	11:19	23:39	05:56	17:51
5	THUR	3.9	3.9	1.8	1.6	00:02	13:02	07:33	19:29	00:05	13:05	07:51	20:58	NT	12:46	07:05	19:33	NT	12:39	07:10	19:06
6	FRI	3.9	4.0	1.9	1.4	01:18	14:34	08:56	20:49	01:21	14:37	09:26	22:18	01:02	14:18	08:32	20:53	00:55	14:11	08:33	20:26
7	SAT	4.0	4.3	1.7	1.0	02:32	15:57	10:14	22:07	02:35	16:00	11:02	23:36	02:16	15:41	09:58	22:11	02:09	15:34	09:51	21:44
8	SUN	4.3	4.7	1.4	0.9	03:41	16:59	11:18	23:12	03:44	17:02	NT	12:22	03:27	16:43	11:10	23:16	03:18	16:36	10:55	22:49
9	MON	4.6	5.1		0.9	04:41	17:45	NT	12:10	04:44	17:48	00:41	13:26	04:29	17:29	NT	12:08	04:18	17:22	11:47	23:46
10	TUES	4.8	5.3	0.4	0.8	05:31	18:24	00:09	12:57	05:34	18:27	01:32	14:25	05:20	18:08	00:18	13:01	05:08	18:01	NT	12:34
11	WED	5.0	5.4	0.3	0.7	06:16	19:00	00:56	13:40	06:19	19:03	02:27	15:09	06:06	18:44	01:00	13:44	05:53	18:37	00:33	13:17
12	THUR	5.0	5.4	0.2	0.6	06:56	19:35	01:36	14:20	06:59	19:38	03:16	15:49	06:48	19:19	01:44	14:24	06:33	19:12	01:13	13:57
13	FRI	4.9	5.2	0.3	0.7	07:33	20:10	02:12	15:00	07:36	20:13	03:47	16:29	07:26	19:54	02:20	15:04	07:10	19:47	01:49	14:37
14	SAT	4.8	5.0	0.5	0.8	08:10	20:45	02:46	15:38	08:13	20:48	04:13	17:07	08:02	20:29	02:50	15:42	07:47	20:22	02:23	15:15
15	SUN	4.6	4.6	0.8	1.1	08:47	21:20	03:18	16:13	08:50	21:23	04:38	17:42	08:38	21:04	03:18	16:17	08:24	20:57	02:55	15:50
16	MON	4.3	4.2	1.2	1.4	09:25	21:57	03:53	16:53	09:28	22:00	05:04	18:22	09:15	21:41	03:49	16:57	09:02	21:34	03:30	16:30
17	TUES	4.0	3.9	1.5	1.7	10:07	22:39	04:33	17:43	10:10	22:42	05:35	19:12	09:56	22:23	04:25	17:47	09:44	22:16	04:10	17:20
18	WED	3.7	3.6	1.9	1.9	10:57	23:27	05:23	18:43	11:00	23:30	06:13	20:12	10:45	23:11	05:09	18:47	10:34	23:04	05:00	18:20
19	THUR	3.4		2.0	2.0	00:24	NT	06:28	19:53	00:27	NT	07:03	21:22	00:03	NT	06:08	19:57	00:01	NT	06:05	19:30
20	FRI	3.4	3.6	2.1	1.9	01:33	13:12	07:38	20:59	01:36	13:15	07:54	22:28	01:16	12:56	07:10	21:03	01:10	12:49	07:15	20:36
21	SAT	3.5	3.7	2.1	1.7	02:49	14:30	08:46	22:00	02:52	14:33	09:14	23:29	02:34	14:14	08:20	22:04	02:26	14:07	08:23	21:37
22	SUN	3.8	4.0	2.0	1.3	03:52	15:38	09:54	23:00	03:55	15:41	10:38	NT	03:38	15:22	09:36	23:04	03:29	15:15	09:31	22:37
23	MON	4.1	4.4	1.7	1.2	04:35	16:33	10:50	23:47	04:38	16:36	00:29	12:00	04:23	16:17	10:38	23:51	04:12	16:10	10:27	23:24
24	TUES	4.3	4.7	1.2		05:08	17:14	11:39	NT	05:11	17:17	01:16	12:48	04:57	16:58	11:33	NT	04:45	16:51	11:16	NT
25	WED	4.6	5.0	0.7	1.1	05:38	17:48	00:28	12:28	05:41	17:51	01:52	13:49	05:27	17:32	00:28	12:28	05:15	17:25	00:05	12:05
26	THUR	4.8	5.2	0.5	0.9	06:07	18:20	00:59	13:03	06:10	18:23	02:30	14:32	05:57	18:04	01:03	13:07	05:44	17:57	00:36	12:40
27	FRI	4.9	5.2	0.4	0.8	06:38	18:53	01:38	13:40	06:41	18:56	03:18	15:09	06:29	18:37	01:46	13:44	06:15	18:30	01:15	13:17
28	SAT	4.9	5.2	0.4	0.7	07:11	19:27	02:15	14:19	07:14	19:30	03:49	15:48	07:03	19:11	02:21	14:23	06:48	19:04	01:52	13:56
29	SUN	4.9	5.1	0.5	0.7	08:47	21:14	03:54	16:01	08:50	21:17	05:05	17:30	08:38	20:58	03:50	16:05	08:24	20:51	03:31	15:38
30	MON	4.8	4.8	0.7	0.8	09:27	21:58	04:23	16:38	09:30	22:01	05:27	18:07	09:17	21:42	04:15	16:42	09:04	21:35	04:00	16:15
31	TUES	4.6	4.4	1.0	1.0	10:16	22:41	05:27	17:18	10:19	22:44	06:16	18:47	10:05	22:25	05:13	17:22	09:53	22:18	05:04	16:55

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MARCH 2009

"NT" = No Tide

		BURNHAM OVERY STAITHE		WELLS BAR				WELLS QUAY				HEMSBY				Gt.YARMOUTH			
		HIGH WATER		HIGH WATER		LOW WATER		HIGH WATER		LOW WATER		HIGH WATER		LOW WATER		HIGH WATER		LOW WATER	
		AM	PM	AM	PM	AM	PM	AM	PM	AM	PM	AM	PM	AM	PM	AM	PM	AM	PM
1	SUN	09:30	21:16	08:55	21:05	03:01	15:08	09:13	21:16	04:37	16:49	10:02	22:12	04:38	16:45	10:59	23:09	05:35	17:42
2	MON	10:11	22:04	09:37	21:53	03:45	15:45	09:54	22:04	05:17	17:26	10:44	23:00	05:22	17:22	11:41	23:57	06:19	18:19
3	TUES	11:00	22:59	10:28	22:48	04:37	16:26	10:43	22:59	06:04	18:07	11:35	23:55	06:14	18:03	NT	12:32	07:11	19:00
4	WED	NT	12:03	11:32	23:52	05:39	17:34	11:46	NT	07:01	19:15	NT	12:39	07:16	19:11	00:52	13:36	08:13	20:08
5	THUR	00:26	13:03	NT	12:52	06:53	18:49	00:09	13:03	08:09	20:30	00:59	13:59	08:30	20:26	01:56	14:56	09:27	21:23
6	FRI	01:36	14:35	01:08	14:24	08:16	20:09	01:19	14:35	09:36	21:50	02:15	15:31	09:53	21:46	03:12	16:28	10:50	22:43
7	SAT	02:50	15:58	02:22	15:47	09:34	21:27	02:33	15:58	11:00	23:08	03:29	16:54	11:11	23:04	04:26	17:51	NT	12:08
8	SUN	04:01	17:00	03:31	16:49	10:38	22:32	03:44	17:00	NT	12:10	04:38	17:56	NT	12:15	05:35	18:53	00:05	13:12
9	MON	05:03	17:46	04:31	17:35	11:30	23:29	04:46	17:46	00:13	13:06	05:38	18:42	00:09	13:07	06:35	19:39	01:06	14:04
10	TUES	05:54	18:25	05:21	18:14	NT	12:17	05:37	18:25	01:03	13:58	06:28	19:21	01:06	13:54	07:25	20:18	02:03	14:51
11	WED	06:40	19:01	06:06	18:50	00:16	13:00	06:23	19:01	01:56	14:41	07:13	19:57	01:53	14:37	08:10	20:54	02:50	15:34
12	THUR	07:22	19:36	06:46	19:25	00:56	13:40	07:05	19:36	02:40	15:21	07:53	20:32	02:33	15:17	08:50	21:29	03:30	16:14
13	FRI	08:00	20:11	07:23	20:00	01:32	14:20	07:43	20:11	03:15	16:01	08:30	21:07	03:09	15:57	09:27	22:04	04:06	16:54
14	SAT	08:36	20:46	08:00	20:35	02:06	14:58	08:19	20:46	03:46	16:39	09:07	21:42	03:43	16:35	10:04	22:39	04:40	17:32
15	SUN	09:12	21:21	08:37	21:10	02:38	15:33	08:55	21:21	04:16	17:14	09:44	22:17	04:15	17:10	10:41	23:14	05:12	18:07
16	MON	09:49	21:58	09:15	21:47	03:13	16:13	09:32	21:58	04:47	17:54	10:22	22:54	04:50	17:50	11:19	23:51	05:47	18:47
17	TUES	10:30	22:40	09:57	22:29	03:53	17:03	10:13	22:40	05:24	18:44	11:04	23:45	05:30	18:40	NT	12:01	06:27	19:37
18	WED	11:19	23:28	10:47	23:17	04:43	18:03	11:02	23:28	06:10	19:44	11:54	NT	06:20	19:40	00:42	12:51	07:17	20:37
19	THUR	00:35	NT	00:14	NT	05:48	19:13	00:26	NT	07:10	20:54	01:10	12:23	07:25	20:50	02:07	13:20	08:22	21:47
20	FRI	01:50	13:13	01:23	13:02	06:58	20:19	01:33	13:13	08:14	22:00	02:30	14:09	08:35	21:56	03:27	15:06	09:32	22:53
21	SAT	03:08	14:31	02:39	14:20	08:06	21:20	02:51	14:31	09:25	23:01	03:46	15:27	09:43	22:57	04:43	16:24	10:40	23:54
22	SUN	04:12	15:39	03:42	15:28	09:14	22:20	03:55	15:39	10:38	23:59	04:49	16:35	10:51	23:57	05:46	17:32	11:48	NT
23	MON	04:57	16:34	04:25	16:23	10:10	23:07	04:40	16:34	11:39	NT	05:32	17:30	11:47	NT	06:29	18:27	00:54	12:44
24	TUES	05:31	17:15	04:58	17:04	10:59	23:54	05:14	17:15	00:48	12:32	06:05	18:11	00:44	12:36	07:02	19:08	01:41	13:33
25	WED	06:01	17:49	05:28	17:38	11:48	NT	05:44	17:49	01:26	13:26	06:35	18:45	01:25	13:25	07:32	19:42	02:22	14:22
26	THUR	06:31	18:21	05:57	18:10	00:19	12:23	06:14	18:21	01:59	14:04	07:04	19:17	01:56	14:00	08:01	20:14	02:53	14:57
27	FRI	07:03	18:54	06:28	18:43	00:58	13:00	06:46	18:54	02:42	14:41	07:35	19:50	02:35	14:37	08:32	20:47	03:32	15:34
28	SAT	07:37	19:28	07:01	19:17	01:35	13:39	07:20	19:28	03:17	15:20	08:08	20:24	03:12	15:16	09:05	21:21	04:09	16:13
29	SUN	09:12	21:15	08:37	21:04	03:14	15:21	08:55	21:15	04:48	17:02	09:44	22:11	04:51	16:58	10:41	23:08	05:48	17:55
30	MON	09:51	21:59	09:17	21:48	03:43	15:58	09:34	21:59	05:15	17:39	10:24	22:55	05:20	17:35	11:21	23:52	06:17	18:32
31	TUES	10:39	22:42	10:06	22:31	04:47	16:38	10:22	22:42	06:14	18:19	11:13	23:38	06:24	18:15	NT	12:10	07:21	19:12

HIGH TIDE HEIGHT INDICATOR

